



THE VAULT GYM WAIVER AND RELEASE OF LIABILITY AGREEMENT

This waiver must be read, understood, and signed by all members of **The Vault Gym** before participating in any activities or using any equipment. When you submit your member information onto the Coacha system, you accept this waiver and realise of liability.

1. Acknowledgement of Risk

I, the undersigned, understand that my participation in activities at The Vault Gym, including but not limited to the use of free weights, cardio machines, combat classes, and other fitness-related activities, is voluntary and carries inherent risks. I acknowledge that The Vault Gym operates as a 24-hour facility, which may be unmanned at times, and that these risks may include, but are not limited to, serious injury or death resulting from equipment failure, improper use of equipment, falling weights, or physical exertion.

2. Use of Equipment and Facilities

I affirm that I understand how to safely use all equipment provided by The Vault Gym, including free weights, cardio machines, and any other facilities offered. I agree to use the equipment responsibly and follow any instructions or posted signage. Should I be unsure of how to use any equipment, I will refrain from using it until I receive proper instruction.

3. Medical Condition

I hereby certify that I am in good physical health, and I do not suffer from any condition, impairment, or disease that would prevent me from safely participating in physical activities or using the equipment at The Vault Gym. I confirm that I do not require any special medical assistance and that I have consulted with a physician, if necessary, before participating in any physical exercise or fitness programs.

4. Voluntary Participation

I understand that my participation in any activities at The Vault Gym is completely voluntary and I am participating at my own risk. I acknowledge that no fitness centre can guarantee safety from all risks, and I assume full responsibility for any injuries or damages that may occur while participating.

5. Unmanned Facility Acknowledgement

I acknowledge that The Vault Gym is a 24-hour facility that may be unmanned during certain hours. I understand that there may be no staff on-site to assist me during these times, and I agree to take full responsibility for my safety and well-being during my use of the facility outside of staffed hours.

6. Release of Liability

In consideration of being allowed to participate in the activities and programs of The Vault Gym, and to use its facilities, equipment, and services, I hereby release, waive, and discharge The Vault Gym, its owners, employees, trainers, agents, and representatives from any and all liability, claims,

demands, or causes of action for injury, illness, death, or property damage arising out of or in connection with my participation in any physical activities or my use of the facilities and equipment.

7. Indemnification

I further agree to indemnify, defend, and hold harmless The Vault Gym, its owners, employees, and agents from any and all claims, demands, or actions resulting from my participation in any activities at the gym, including legal fees and costs.

8. Governing Law

This waiver and release shall be governed by the laws of the state in which The Vault Gym is located, without regard to its conflict of law provisions. If any part of this waiver is found to be invalid or unenforceable, the remaining provisions shall remain in full force and effect.

9. Binding Agreement

I have read this waiver carefully and fully understand its contents. By signing this agreement or submitting my details onto Coacha, I acknowledge that I am voluntarily giving up certain legal rights, including the right to sue The Vault Gym for injuries or damages caused by its negligence or otherwise. This agreement is binding upon me, my heirs, executors, and assigns.

Member's Signature: _____

Printed Name: _____

Date: _____

Emergency Contact: _____

Emergency Contact Phone Number: _____

By signing this waiver or submitting my details onto the Coacha system, I affirm that I am of legal age, have read this agreement in full, and understand the risks involved in participating in physical activities at The Vault Gym.